	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00-7:30							
7:30 - 8:00							
8:00-8:30							
8:30-9:00							
9:00-9:30							
9:30-10:00							
10:00-10:30							
10:30-11:00							
11:00-11:30							
11:30-12:00							
12:00-12:30							
12:30-1:00							
1:00-1:30							
1:30-2:00							
2:00- 2:30							
2:30- 3:00							
3:00-3:30							
3:30-4:00							
4:00-4:30							
4:30-5:00							
5:00-5:30							
5:30-6:00							
6:00-6:30							
6:30-7:00							
7:00-7:30							
7:30-8:00							
8:00-8:30							
8:30-9:00							
9;00-9:30							
9:30-10:00	SOUND ASLEEP	SOUND ASLEEP	SOUND ASLEEP	SOUND ASLEEP	SOUND ASLEEP	SOUND ASLEEP	SOUND ASLEEP