

# Compass Café Menu

## August

Monday	Tuesday	Wednesday	Thursday	Friday
2  Summer Break	3  Summer Break	4  Summer Break	5  Summer Break	6  Summer Break
9  Summer Break	10  Summer Break	11  Summer Break	12  Summer Break	13  Summer Break
16 A) Caprese Salad B) Pasta with Meat Sauce Wheat Roll, Italian Bean Salad Fresh Fruit and Salad Bar	17 A) Chicken Caesar Salad B) Hamburger w/bun Fresh Baked Cookie Fresh Fruit and Salad Bar	18 A) Mediterranean Salad B) Chicken Nuggets Wheat Roll Fresh Fruit and Salad Bar	19 A) Baked Potato B) Hot Dog w/bun Chili Fresh Fruit and Salad Bar	20 A) Turkey Wrap B) Pizza Bread Stick Fresh Fruit and Salad Bar
23 A) Cheese Enchiladas B) Taquitos Refried Beans, Mexi Rice Fresh Fruit and Salad Bar	24 A) Club Sub B) Chicken Sandwich Red Potato Salad, Chips Fresh Fruit and Salad Bar	25 A) Chef Salad B) Mini Corndogs Rice Crispy Treat Fresh Fruit and Salad Bar	26 A) Roasted Chicken B) Chicken Pot Pie Wheat Roll Fresh Fruit and Salad Bar	27 A) Chicken Wrap B) Pizza Bread Stick Fresh Fruit and Salad Bar
30 A) Veggie Burger B) Grilled Cheese Sandwich Choice of Soup Fresh Fruit and Salad Bar	31 A) Taco Salad B) Burrito Mexi Rice Fresh Fruit and Salad Bar			

### Fat Free or 1% Milk served with all meals

The USDA is an equal opportunity provider and employer.

Student Breakfast - \$1.00 Student Lunch - \$2.00 Adult Breakfast - \$1.50 Adult Lunch - \$3.00 Double Entrée Portion-\$1.00 Extra	Milk Only - \$.35 Juice Only - \$.50	<i>Please Contact Mrs. Long with any food allergies or special diets</i>
Free and Reduced Priced Lunches Available Available on line or at the School Office		Applications

Breakfast Monday	Breakfast Tuesday	Breakfast Wednesday	Breakfast Thursday	Breakfast Friday
Scrambled Eggs Whole Grain Toast Fresh Fruit Fat Free or 1% Milk	Wheat Pancakes Fresh Fruit Fat Free or 1% Milk	Yogurt & Bagel Bar Fresh Fruit Fat Free or 1% Milk	Hot Cereal Fresh Fruit Fat Free or 1% Milk	Breakfast Sandwich Fresh Fruit Fat Free or 1% Milk